



San Diego
Low Income Resources
CONTINUING CARE SERVICES

This information is compiled from public sources or provided by the resources listed. Unless specifically identified as a Kaiser Permanente resource, there is no legal relationship or financial interest in any listed service. Kaiser Permanente makes no representations or judgments and assumes no responsibility for the quality of care provided by any service included. Members are encouraged to contact providers and agree upon terms and rates before accepting services. This should not be relied upon as an authorization for payment. Please contact Member Services at 1-800-464-4000 if you have any benefit or coverage questions.

2-1-1 San Diego211 or 800-227-0997
(San Diego resource and information hub)

FINANCIAL RESOURCES

Health Consumer Alliance888-804-3536
www.healthconsumer.org

Legal Aid Society of San Diego 877-534-2524
 Consumer Center for Health Education and Advocacy 877-734-3258
www.lassd.org

Public Assistance:

(MediCal/Healthy Families/CalFresh/CalWORKS Medicare-Part B)

CalFresh/SNAP Supplemental Nutrition Assistance Program877-847-3663
www.cdss.ca.gov/food-nutrition/calfresh

California Department of Health Care Services (ombudsman) ... 888-452-8609
www.dhcs.ca.gov/pages/default.aspx

ACCESS County of San Diego Customer Service Center..... 866-262-9881
www.mybenefitscalwin.org

SDG&E Assistance Programs 800-411-7343
www.sdge.com/residential

Social Security 800-772-1213
www.ssa.gov

State Disability Insurance..... 800-480-3287
www.edd.ca.gov/Disability

Telephone Access Programs:

California LifeLine Program866-272-0349
www.californialifeline.com

California Telephone Access Program (deaf/disabled program) .800-806-1191
 1455 Frazee Road, Suite 406, San Diego, CA 92108
 (M-F 8:00 - 5:00 p.m., no appointment necessary)
http://ddtp.cpuc.ca.gov

The Organizer II, Inc. (Medicare/Medi-Cal Rep. Payee).....800-990-8339
 (M – Th 9:00am – 12:00pm)

<http://continuingcare-sandiego.kp.org>



Veterans Resources:

- CA Department of Veterans Affairs.....800-952-5626
www.calvet.ca.gov
- Department of Veterans Affairs Telephone Assistance Services..800-827-1000
www.va.gov
- Interfaith Community Services (Veterans Service Center)760-529-9979
1617 Mission Ave, Oceanside, 92058
www.interfaithservices.org
- San Diego County Veterans Services.....858-694-3222
www.sandiegocounty.gov/veterans_services
- VeteranAid.org 866-584-7191
Find forms and information on how to apply
www.veteranaid.org
- Veterans Village of San Diego (transitional housing available) ... 619-393-2000
4141 Pacific Highway, San Diego, CA 92110
www.vvvd.net
- Victim Witness Assistance Program (district attorney office) 619-531-4041

FOOD & COMMODITIES

- Catholic Charities 619-323-2841
- Food Bank (USDA commodities) 866-350-3663
www.sandiegofoodbank.org
- Salvation Army (* Club 60 senior dining and social centers)

 - Chula Vista * 619-422-7027
 - El Cajon *(senior nutrition info ext. 413)..... 619-440-4683
 - Escondido 760-745-8616
 - Oceanside * 760-631-8212
 - Ray & Joan Kroc Corps Community Center (social services). 619-269-1428
 - San Diego Centre City (downtown, serves homeless) 619-699-2216
 - San Diego Citadel * 858-483-1831
www.sandiego.salvationarmy.org

- Lakeside Community Center 619-443-9176

HEALTH CARE & DENTAL

- County Medical Services..... 800-587-8118
- Family Health Centers of San Diego619-515-2300
<http://www.fhcsc.org/dental-services>
- FreeDentalCare
http://www.freedentalcare.us/ci/ca-san_diego
- Health Center Partners of Southern California (low income clinics).. 619-542-4300
<https://hcpsocal.org/>
- UC Pre-Dental Society
<https://ucsdps.org/low-income-clinics-in-san-diego>

HOUSING RESOURCES

- 2-1-1 San Diego211 or 800-227-0997
For the most current shelter and rehab availability and info
<https://211sandiego.org>
- Alpha Project 619-542-1877
www.alphaproject.org

HOUSING RESOURCES continued

Catholic Charities.....	619-323-2841
<i>https://www.ccdsd.org</i>	
County of San Diego Housing Resource Directory (2020).....	858-694-4801
<i>www.sandiegocounty.gov/content/sdc/sdhcd/housing-directory.html</i>	
Father Joe's Villages	
St. Vincent de Paul Village (Travelers Aid)ext.1157.....	619-233-8500
<i>https://my.neighbor.org/housing</i>	
Homeless Outreach Team	211
Homeless Shelter Directory	<i>www.homelessshelterdirectory.org</i>
Interfaith Shelter Network	619-702-5399
<i>http://interfaithshelter.org</i>	
MAAC Project	619-426-3595
<i>https://www.maacproject.org/main/about-us/pathways-of-service/housing/</i>	
Neil Good Day Center, 299 17 th St., San Diego 92101	619-230-7390
Single men/women point of entry to other shelters, mail service, safe day environment	
PATH* (People Assisting the Homeless)	619-810-8600
Street outreach and intake for Connections Housing <i>www.epath.org</i>	
<u>Placement Assistance Agencies</u>	
Care Placement.....	800-821-7598
<i>www.careplacement.com</i>	
CDM Health Care Inc. (formerly Always Best Care).....	619-757-1114
<i>www.alwaysbestcare.com/ca/san-diego</i>	
Senior Care Referral Specialists	800-587-4410
<i>https://srcareinfo.com</i>	
Safe Parking Program (help when living out of a car)	619-497-0236
<i>www.dreamsforchange.org</i>	
Salvation Army Family Services	619-699-2216
San Diego Housing Commission (City of San Diego).....	619-231-9400
Affordable housing resource guide including single room occupancy list <i>http://sdhc.org/wp-content/uploads/2018/07/affordable-housing-resource-guide.PDF</i>	
San Diego Rescue Mission.....	619-687-3720
<i>www.sdrescue.org</i>	
Serving Seniors (transitional housing)	619-235-6572
<i>www.serving seniors.org</i>	
South Bay Community Services (24-hr hotline)	800-640-2933